

<b>Maandag</b>	<b>Dinsdag</b>	<b>Woensdag</b>	<b>Donderdag</b>	<b>Vrijdag</b>	<b>Zaterdag</b>	<b>Zondag</b>
9:30 – 10:00	06.55 – 07.25	9:30 – 10:00	06.55 – 07.25	9:30 – 10:00		
10.05 – 10.35	07.30 – 08.00	10.05 – 10.35	07.30 – 08.00	10.05 – 10.35	9.45 – 10.45 <b>Balance</b>	9.30 – 10.00
10.40 – 11.10		10.40 – 11.10		10.40 – 11.10		10.05 – 10.35
			9:30 – 10:00			10.40 – 11.10
15.00 – 15.30 <b>Body Pump</b>		15.00 – 15.30 <b>HIT Boxing</b>	10.05 – 10.35			11.15 – 11.45
15.35 – 16.05 <b>Body Pump</b>		15.35 – 16.05 <b>HIT Boxing</b>	10.40 – 11.10			
18.45 – 19.15	18.45 – 19.15	17.30 – 18.00	18.45 – 19.15			
19.20 – 19.50	19.20 – 19.50	18.05 – 18.35	19.20 – 19.50			
19.55 – 20.25	19.55 – 20.25	18.40 – 19.10	19.55 – 20.25			
20.30 – 21.00	20.30 – 21.00		20.30 – 21.00			

